

Daily Menu

The St Mildred's Bay

Nibbles and sharing plates

Perello olives	£4.50
Smoked almonds	£3.50
Selection of fresh breads with salted and confit garlic butter	£4.50
The St Mildred's Bay Sharer Ham hock terrine, scotch egg, salt beef, mature cheddar, mini camembert, mini pork pie, parma ham, stilton & onion chutney, pickles, olives and sourdough	£30.00
The St Mildred's Bay Seafood Sharer Potted crab, chilli & lime prawns, smoked salmon, shell-on-prawns, cockles, peppered mackerel, rock oysters, langoustine, sourdough, salted butter & aioli	£35.00

Small plates

Homemade soup and fresh bread	£7.50
Potted crab, baby leaf salad, sourdough	£10.00
Ham hock terrine, pickled vegetables, piccalilli, toasted sourdough	£9.50
Calamari, garlic aioli, baby herbs	£9.50
Homemade warm scotch egg, harrisa mayo, baby leaf	£9.00
VE Buffalo cauliflower wings, guacamole, salsa, baby gem, crispy shallot in a soft shell taco	£9.00
Half pint of shell on prawns, salted butter, garlic aioli	£9.50
GF Pan seared scallops, cauliflower purée, grilled asparagus, chorizo crumb, parsley oil, apple cider vinegar & micro herbs	£12.50
Grilled tiger prawns in garlic butter on toasted sourdough with baby leaf salad	£14.00

Large plates

St Mildred's cheese burger: emmental cheese, streaky bacon, beef tomato, baby gem, burger sauce, ranch slaw & fries	£18.00
Catch of the day, served with roasted new potatoes, samphire and a caper & herb butter	Market price GF
Stir fried tender-stem broccoli, wild mushroom, vermicelli rice noodles, soft boiled egg, spring onion coriander, and chilli cashews in a mushroom broth	£16.00 V GF
Pan seared salmon fillet on a saffron, crayfish and baby spinach risotto	£22.00 GF
Cajun chicken breast, white & wild rice, roasted peppers, and a spicy Cajun sauce	£19.00 GF
Piri piri chicken, avocado & grilled halloumi salad	£19.00 GF
10 oz sirloin steak, shallot purée, vine tomatoes, leaves, garlic butter, chunky chips	£28.00
Marinated buffalo mozzarella, heritage tomato, pickled red onion, sour dough croutons, and micro basil salad	£14.00 VE
8oz fillet steak, shallot purée, vine tomatoes, leaves, garlic butter, chunky chips	£36.00
Wholetail scampi, chunky chips, garden peas, tartar sauce	£18.00
Large beer battered fish, chunky chips, garden peas, tartar sauce	£18.00
Mac n cheese with a herb crust, garlic bread, baby leaf salad	£15.00 VE

Daily specials available

Please ask a member of staff or check our website at www.thestmildredsbay.com



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Sides

Seasonal vegetables	£5.00
Mixed garden salad	£5.00
Chunky chips	£5.00
Skin on fries	£5.00
Peppercorn sauce	£5.00

Sandwiches, wraps & lunches

Served until 5pm

Butchers' sausage, red onion chutney	£10.00
BLT	£10.00
Piri piri chicken, baby gem, guacamole, pickled red onion	£10.00
VE Falafel, grilled red peppers, baby leaf, humous, pickled red onion	£10.00
Prawn & crayfish, Marie Rose sauce, baby gem lettuce	£10.50
Salt beef, emmental cheese, pickles, rocket, mustard	£11.00
Chef's own frittata with garden salad	£11.00
Hand cut gammon ham, hens eggs, chunky chips	£12.00

Kids meals

Battered fish goujons, peas, tartar sauce, fries	£9.50
St Mildred's cheeseburger, slaw, fries	£9.50
Scampi, peas, tartar sauce, fries	£9.50
Cherry tomato pasta, garlic bread	£8.50
Honey roast ham, hens egg, fries	£8.00

Desserts

Choc brownie, hazelnut praline, vanilla ice cream & choc shard	£9.50
Cheese cake of the day	£9.50
Poached pear, sticky ginger sponge, vanilla ice cream, vanilla syrup, pistachio shard	£9.00 VE
Chocolate delice, peanut brittle, salted caramel sauce, chocolate soil, latte ice cream, chocolate orange sugar tuille	£10.00
Three Kentish cheeses, crackers, chutney	£10.00 / £18.00
Fresh fruit salad with raspberry syrup and lemon sorbet	£12.00
Ice cream sundae	£10.00

GF Gluten Free

V Vegetarian

VE Vegan

Food described in this menu may contain nuts, eggs, flour, other known allergens or their derivatives. If you suffer from any allergy or food intolerance please notify a member of staff before placing your order. Please be advised we cannot guarantee that any food item prepared in our kitchens will be free from allergens