

Breakfast Menu

The St Mildred's Bay

Full English breakfast

Butcher's sausage, back bacon, fried hens egg, grilled field mushroom, Heinz baked beans, cherry vine tomatoes, potato rosti and toast
£9.00

Vegetarian / Vegan breakfast

Smashed avocado, toasted sourdough, grilled vine tomatoes, flat field mushroom, 2 poached hens' eggs, pumpkin seeds
£9.00

Eggs Benedict or Royal / Florentine

2 poached hens eggs on a toasted English muffin with your choice of:
Benedict - Parma ham
Royal - smoked salmon
Florentine - wilted baby spinach
£9.00 / £8.00

Eggs your way

Toasted hand cut bread with a choice fried, poached or scrambled egg
£5.25
+ smoked salmon
+ £4.00

Breakfast sandwiches

Grilled back bacon or butcher's sausages in buttered, hand cut bread
£6.00

Toasted hand cut bread

Served with butter and a choice of orange marmalade or fruit preserve
£3.25

Hot porridge oats

Creamy porridge oats with toasted almond flakes and honey
£4.75

Hand made granola

With mixed berries, soy & coconut or natural yogurt, maple syrup
£4.75

Blueberry pancakes

With berry compote, toasted almonds, maple syrup
£6.00

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VE

V Vegetarian

VE Vegan

Food described in this menu may contain nuts, eggs, flour, other known allergens or their derivatives. If you suffer from any allergy or food intolerance please notify a member of staff before placing your order. Please be advised we cannot guarantee that any food item prepared in our kitchens will be free from allergens.

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Coffee

American
£2.80

Cappuccino
£2.80

Espresso
£2.20

Flat white
£2.80

Latte
£2.80

Mocha
£3.20

Double espresso
£2.80

Iced latte
£2.80

Tea

Breakfast tea
£2.20

Flavoured tea
£2.55

Hot chocolate

£2.80

Cold drinks

Smoothies
£4.00

Milkshakes
£4.50

Folkingtons juices
£2.95

Kingsdown mineral water
£2.35

Bloody Mary
£9.95

Extras

Decaf
+20p

Extra shot
+65p

Soya, almond or oat milk
+35p

**Vanilla, hazelnut, caramel
or chocolate syrup**
+50p

Add marshmallows
+50p

Add cream
+50p